

Ellen Rondina, LMSW, BA Flute Performance

Artist curriculum vitae

Flute

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www.kamalasound.com

Education

2004 MSW, University of New Hampshire, Summa cum Laude

1997 BA, Flute Performance, University of New Hampshire, Magna cum Laude

2012 M.Msc., Master of Metaphysical Science, University of Metaphysics

2010 Professional Coaching certificate, University of New Hampshire

2009 Level III Reconnective Healing Practitioner

1996, 1997-1998 Ghana, West Africa; traditional drumming apprenticeship, Johnson Kemeh, instructor/master drummer

1996 School for International Training, College Semester Abroad, Ghana, Field study: 'Music Education for Ghanaian Children'

1992-1994 New England Conservatory Preparatory School, Boston, MA

1990-1992 Indian Hill Music School, Littleton, MA

Principal flute instructors; Seta DerHohannesian, Peggy Vagts, Andrea Mason

Principal conductors; John Page, Benjamin Zander, Aaron Kula, Dr. Louis Bergonzi

Business Owner, Kamala Sound <www.kamalasound.com>

Mission:

Kamala Sound facilitates personal and artistic growth through education, coaching, music, and healing.

Music: Individual and group instruction, master classes, artist in residence programs, ensemble coaching, wellness workshops.

Coaching: Life, spiritual, wellness, career

Healing: EFT and Reconnective Healing

Wellness: Educational workshops; mindfulness, meditation, stress management, drumming

Honors and Awards

2010 Conductor, flute choir, NHBDA (New Hampshire Band Directors Association) Middle School Honors Festival

2004, MSW (social work), Summa Cum Laude

1997, BA Flute performance, Magna Cum Laude

1995 Concerto competition winner, University of New Hampshire Music Department

1994 Four year full tuition scholarship for Flute Performance, University of New Hampshire

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Teaching

2015- Adjunct Professor, University of LaVerne Music Department

2012-2015, Conductor/Music Director, Kamala Sound Flute Ensemble (adult professional group)

1998-2015, Summer Youth Music School; flute master classes, flute choirs, private lessons, African drumming ensembles, University of New Hampshire

1994-present Private flute teaching and chamber music coaching, Kamala Sound private studio, Leddy Center for the Performing Arts, Stratham Middle School after-school music program, North Berwick public school Excel program

Adjudication

2000-2012 NHBDA (New Hampshire Band Directors Association) Middle School Honors Festival

2002-2012 NHMEA (New Hampshire Music Educators Association) solo and small ensemble festival

2005 St Paul's School Keiser Student Music Competition

Artist in Residence and Master Classes (sample)

African Drumming, Song Writing, Dance, Arts in Reach, adolescent girls program, New Hampshire

African Drumming, Berwick Academy, Maine

Flute, North Berwick, Maine Middle and High School Excel program

African Drumming and Flute, California, Vermont, New Hampshire, Massachusetts, Maine public schools

Master classes/Residency topics (sample)

Developing a beautiful tone

Learning how to practice well

Developing a relationship with the metronome

Performance techniques and how to combat nervousness

Current performance engagements

29 years of professional freelance performing

2011-2015 Principal flute, Portsmouth Symphony Orchestra

2009-2015 Flutist, Seven Rivers Wind Quintet

2009-2015 Flutist, Grupo Mofongo Salsa group

1997-2015 Joyful Rain, flute/guitar duo

1992- Freelance as AFM music union member

Voice, piano, and African drumming skills

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Selected Performance Venues

Carnegie Hall, NYC
Jordan Hall, Boston, MA
Teatro Verdi, Firenze, Italy
Teatro Delle Fontane, Rome, Italy
Auditorium Pollini, Padova, Italy
Mechanics Hall, Worcester
Springfield Symphony Hall, Springfield, MA
Berklee College of Music
Dartmouth College
University of New Hampshire Johnson Theater
Longy School of Music Concert Hall
Gordon College
St. Anselm's College
Pearl St. Ballroom, Northampton, MA
The Paradise, Boston, MA
Rochester Opera House, Rochester, NH
The Music Hall, Portsmouth, NH

Discography/Videography

2015 Portsmouth Symphony Orchestra Live, Gershwin, Ravel, Mussorgsky DVD
2014 Portsmouth Symphony Orchestra Live, Berlioz Symphonie Fantastique, Parma recordings
2012 Portsmouth Symphony Orchestra Live, Family Holiday Pops Concert DVD
2008 Dan Blakeslee, 'The Holiday Fair', pop
2005 Gabrielle, 'Wide', pop
2004 Lauren Wool, 'here with me', jazz/pop
2002 'Percy Hill Live', rock/pop/jam
2000 'B'Gock, On the Corner with Fuzz', Rock/Funk/Jazz
1998 Leite Concert Winds, 'David Amram/John Leite 100=46'

Non-music Academic Appointments

January 2015- Adjunct Professor, University of New Hampshire Graduate School of Social Work
September 2015- Adjunct Professor, University of New England Graduate School of Social Work
August 2011-2015, Clinical Assistant Professor, University of New England Graduate School of Social Work
August 2005- July 2011, Extension Educator; Family & Consumer Resources,

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University of New Hampshire Cooperative Extension

Academic year 2009-2010, Adjunct Professor, Department of Family Studies,
University of New Hampshire (Bachelors level)

Fall 2007, Adjunct Professor, Department of Social Work, University of New
Hampshire (Bachelors level)

Testimonials

African drumming

“Working with Ellen was inspirational. Mastering the rhythms with a group of people was a fun, challenging, and deeply communal experience. During and after her class, I started hearing music all around me.”

Lily Z., Kenyon College '14

“Ellen came to our school and led a class in African Drumming for teachers. It was not only fun but informative, giving guidelines, websites and instruction on African drumming suitable for the Music teachers as well as teachers in other subjects. Her workshop was well organized. We began with Why African Drumming?, learned to play several of the instruments she brought with her (The real drums were much better than our classroom kid-friendly drums!), and had a wonderful discussion on how to incorporate African drumming into any curriculum. We were also given recommendations for purchasing instruments. We left the workshop relaxed, joyful (I think you could also label this as Music Therapy!) and excited about adding this to our music curriculum. The 8th grade General Music teacher at our school has done just that. I recommend her workshops and the addition of African drumming to the curriculum.”

**Catherine Hammon, M. Ed.
Department of Music
Cooperative Middle School, Stratham, NH**

Private Flute lessons

“Ellen has a rare talent in a teacher: knowing the exact balance between instructing and encouraging. Beyond the obvious mastery of her subject and how to teach it, she is finely tuned to her students. As a consequence, we each get the guidance we need, despite being at vastly different skill and experience levels. As an older adult beginner, I am amazed at and grateful for her endless patience. Ellen is a bright light in the world who gives her lucky students much more than music lessons.”

Alex H., adult flute student

“When you go to have a lesson with Ellen, you know it is not just a lesson to learn about hitting the correct notes, playing the right rhythms, or even playing in tune. She brings out the intricacy and beauty of the instrument

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through her love of music. She teaches that learning to play an instrument goes beyond reading the music, but involves seeing within oneself and engaging the mind, body, and spirit. This is my 5th year as a student of Ellen's, and I look forward to sharing what I've learning and gaining knowledge of my flute every week!"

Sarah K., high school sophomore

Flute master classes

(Anonymous evaluations)

"I think this was a wonderful class and that you're an amazing teacher. I really hope that, when I become a music teacher, my students find me as inspiring as I find you."

High school master class student at music camp

"I really enjoyed this class and having Ellen as a teacher. She seemed to always take an interest in every individual and was an excellent teacher."

High school master class student

"Thank you for teaching all of us so much, and teaching me things that I never knew I could do before. I feel like I've gotten techniques that I can use to become a much better player. Thank you."

Junior high school master class student

"Ellen was the best teacher I have had so far. I really connected with her and she had great ways of explaining things so I really got them."

Junior high student